

	Year 1/2:	Year 3/4:	Year 5/6:
Volleying & Bumping	<p><b>“Expectations”</b></p> <ol style="list-style-type: none"> <li>1) Be able to show good hand positioning.</li> <li>2) Be able to throw a ball underarm.</li> <li>3) Be able to hit a ball up in the air after it’s bounced.</li> <li>4) Be able to hit a ball up in the air before it’s bounced.</li> <li>5) Be able to hit a ball to a target.</li> <li>6) Be able to throw and hit a ball in a small game.</li> </ol>	<p><b>“Expectations”</b></p> <ol style="list-style-type: none"> <li>1) Be able to know/show the difference between volleying and bumping shots.</li> <li>2) Be able to know/show the difference between a set and a spike.</li> <li>3) Be able to understand how and why to use different power and techniques when hitting.</li> <li>4) Be able to use setting and spiking techniques effectively.</li> </ol>	<p><b>“Expectations”</b></p> <ol style="list-style-type: none"> <li>1) Be able to show good volleying and bumping techniques.</li> <li>2) Be able to set with greater accuracy &amp; control.</li> <li>3) Be able to spike with greater accuracy &amp; control.</li> <li>4) Be able to use different power and techniques when hitting.</li> <li>5) Be able to use setting and spiking techniques in a match situation.</li> </ol>
Serving & Returning	<p><b>“Expectations”</b></p> <ol style="list-style-type: none"> <li>1) Be able to show a good stance when serving.</li> <li>2) Be able to show good hand positioning when serving.</li> <li>3) Be able to hit a ball over a net.</li> <li>4) Be able to hit a ball over a net towards a target.</li> <li>5) Be able to move in line with the drop of a ball.</li> <li>6) Be able to perform a range of serving and returning skills in a small game.</li> </ol>	<p><b>“Expectations”</b></p> <ol style="list-style-type: none"> <li>1) Be able to know/show the importance of a good stance and hand positioning when serving.</li> <li>2) Be able to know/show the importance of a good drop and control when serving.</li> <li>3) Be able to know/show the importance of watching the flight of the ball and letting it drop, when moving in line with its path, before hitting it back over the net.</li> <li>4) Be able to perform a range of serving and returning skills in volleyball matches.</li> </ol>	<p><b>“Expectations”</b></p> <ol style="list-style-type: none"> <li>1) Be able to use serving techniques confidently and efficiently (e.g. stance, hand positioning, drop, control, power, and follow through).</li> <li>2) Be able to use returning techniques confidently and efficiently (e.g. stance, hand positioning, flight of the ball, height, power).</li> <li>3) Be able to perform a range of serving and returning skills in competitive volleyball matches.</li> </ol>
Volleyball Games	<p><b>“Expectations”</b></p> <ol style="list-style-type: none"> <li>1) Be able to understand the basic rules of volleyball (points, games, sets, matches).</li> <li>2) Be able to use skills associated with simple games (e.g. co-ordinating hitting).</li> <li>3) Be able to use basic skills associated with volleyball (e.g. serving, volleying, bumping).</li> <li>4) Be able to work co-operatively with partners.</li> </ol>	<p><b>“Expectations”</b></p> <ol style="list-style-type: none"> <li>1) Be able to understand the rules of a volleyball match.</li> <li>2) Be able to use skills in isolation and combination (e.g. hitting with greater accuracy).</li> <li>3) Be able to use skills associated with volleyball (e.g. serving, setting, spiking and rallying).</li> <li>4) Be able to work well individually and with partners, in competitive games.</li> <li>5) Be able to develop and understand fair play (respect partners and opponents).</li> </ol>	<p><b>“Expectations”</b></p> <ol style="list-style-type: none"> <li>1) Be able to apply rules of volleyball when playing competitive games.</li> <li>2) Be able to use a variety of tactics to find ways to get the ball over the net.</li> <li>3) Be able to use a variety of skills and techniques to gain points in competitive games.</li> <li>4) Be able to use advanced skills associated with volleyball (e.g. volleying, bumping, setting spiking, serving).</li> <li>5) Be able to apply rules of fair play to competitive matches.</li> </ol>

