

Student Name:		Graders Name:	
School Name:		Class Name / No:	Class Teacher/s:
			School Term:
WEEK 1:	Learning Outcomes:		Grade:
	"I CAN perform all gymnastics shapes including partner assisted shapes."		
	"I CAN create/perform a sequence in pairs using 5 contrasting actions."		
	"I CAN identify which joints are moving when changing shapes."		
WEEK 2:	Learning Outcomes:		Grade:
	"I CAN perform travels, different levels/directions/pathways/mirroring."		
	"I CAN create/perform a sequence, in pairs, with 5 mirroring actions."		
	"I CAN demonstrate good posture and control while exercising."		
WEEK 3:	Learning Outcomes:		Grade:
	"I CAN watch 'shapes' and comment/improve on levels and quality."		
	"I CAN balance in pairs, using counter balance and tension techniques."		
	"I CAN create/perform a sequence, in pairs, with 6 contrasting actions."		
WEEK 4:	Learning Outcomes:		Grade:
	"I CAN identify which joints are moving as they change balances."		
	"I CAN evaluate and identify weaknesses in held positions and improve."		
	"I CAN perform gymnastic rolls, forward roll/egg roll, exploring shapes."		
WEEK 5:	Learning Outcomes:		Grade:
	"I CAN create/perform a sequence in pairs, using 6 actions."		
	"I CAN demonstrate and explain how to move/position the spine safely."		
	"I CAN recognise/talk about different responses to the same task."		
WEEK 6:	Learning Outcomes:		Grade:
	"I CAN perform/work on jump/leap/land techniques/classifications."		
	"I CAN create/perform a sequence in pairs, using 5 contrasting actions."		
	"I CAN explain that jumping and landing can strengthen bones."		
WEEK 6:	Learning Outcomes:		Grade:
	"I CAN understand the differences between landing and rebounding."		
	"I CAN use apparatus to perform a wide range of gymnastic actions."		
	"I CAN create/perform a sequence in pairs, using 6 contrasting actions."		
"I CAN describe how intense a sequence on apparatus feels."			
"I CAN use correct vocabulary to name and describe what is seen."			

Grade 1: Exceptions	Working towards the expected level of attainment.	★
Grade 2: Expected	Working within the expected level of attainment.	★★
Grade 3: Exceeding	Working beyond the expected level of attainment.	★★★

