

Student Name:		Graders Name:	
School Name:		Class Name / No:	School Term:
Class Teacher/s:			
WEEK 1:	Learning Outcomes:		Grade:
	🏅 "I CAN use sprinting techniques with confidence and accuracy."		
	🏅 "I CAN pump arms and bend knees, with confidence and accuracy, to create more force and speed."		
WEEK 2:	Learning Outcomes:		Grade:
	🏅 "I CAN use long distance running techniques with confidence/accuracy."		
	🏅 "I CAN use confidently use breathing techniques to aid performance."		
WEEK 3:	Learning Outcomes:		Grade:
	🏅 "I CAN use pace and gradual speed increase to aid performance with confidence and accuracy."		
	🏅 "I CAN throw with one/two hands with confidence and accuracy."		
WEEK 4:	Learning Outcomes:		Grade:
	🏅 "I CAN confidently use techniques of under/over arm throwing."		
	🏅 "I CAN confidently use appropriate techniques and power to accurately throw over varied distances with purpose and accuracy."		
WEEK 5:	Learning Outcomes:		Grade:
	🏅 "I CAN develop balance and agility with confidence and accuracy."		
	🏅 "I CAN confidently use techniques of jumping off one foot and two feet."		
WEEK 6:	Learning Outcomes:		Grade:
	🏅 "I CAN confidently use appropriate techniques, power and landing skills to jump over varied distances with purpose and accuracy."		
	🏅 "I CAN measure/compare/identify/improve own & others performances."		
🏅 "I CAN confidently practice and perform in different athletic events."			
🏅 "I CAN measure, compare, identify and improve my own and my team mates performances."			

Grade 1: Exceptions	Working towards the expected level of attainment.	★
Grade 2: Expected	Working within the expected level of attainment.	★★
Grade 3: Exceeding	Working beyond the expected level of attainment.	★★★

