

Student Name:		Graders Name:	
School Name:		Class Name / No:	Class Teacher/s:
			School Term:
	Learning Outcomes:		Grade:
WEEK 1:	"I CAN perform basic gymnastics shapes on different body parts."		
	"I CAN link gymnastic actions, create and perform a basic sequence."		
	"I CAN understand that muscles help to move and hold positions still."		
	"I CAN show and name each of the basic gymnastic positions."		
	Learning Outcomes:		Grade:
WEEK 2:	"I CAN perform basic animal travel moves, using different body parts."		
	"I CAN link gymnastic actions, create and perform a basic sequence."		
	"I CAN improve actions by watching others."		
	Learning Outcomes:		Grade:
WEEK 3:	"I CAN perform basic gymnastics balances using patches and points."		
	"I CAN select favourite gymnastic balances to demonstrate."		
	"I CAN select which balances are easy/hard and say why?"		
	"I CAN say how I feel when performing gymnastic balances."		
	Learning Outcomes:		Grade:
WEEK 4:	"I CAN perform basic gymnastics rolls (rock & roll, log roll)."		
	"I CAN select favourite gymnastic rolls to demonstrate."		
	"I CAN describe the shape of the spine in simple gymnastic rolls."		
	"I CAN improve rolling by watching others and taking advice."		
	Learning Outcomes:		Grade:
WEEK 5:	"I CAN perform basic jumping and landing techniques."		
	"I CAN describe it feels during jumping and landing."		
	"I CAN select favourite ways of jumping to demonstrate."		
	"I CAN name and describe different ways of jumping."		
	Learning Outcomes:		Grade:
WEEK 6:	"I CAN use apparatus to perform a wide range of gymnastic actions."		
	"I CAN use apparatus to perform actions that have been learned."		
	"I CAN monitor breathing at appropriate times while working."		
	"I CAN name and describe what I'm watching."		

Grade 1: Exceptions	Working towards the expected level of attainment.	★
Grade 2: Expected	Working within the expected level of attainment.	★★
Grade 3: Exceeding	Working beyond the expected level of attainment.	★★★

