

Hazard:	Control Measures In Place:	Risk Factor:	Further Control Measures:
<p><b>Hurdles (both permanent and temporary)</b></p> <p>Danger of collapsing.</p> <p>Injuries from weights used to secure hurdles.</p>	<p>Hurdles should be checked by the coaches / referees before every session / game / tournament. Ensure any faulty hurdles are taken out of use until they can be repaired.</p> <p>Portable hurdles must be sufficiently anchored or weighed down when in use, in accordance with UKA advice.</p> <p>Take care when carrying weights and ensure the weight is sufficient to hold up the hurdle.</p>	Medium / High	We follow United Kingdom Athletics (UKA) guidelines when purchasing hurdles.
<b>Weather Extremes</b>	Coaches / referees / site staff / groundsmen / tournament organizers can call the sessions / games off in extreme weather conditions.	Low/Medium	Adapt games / sessions / tournaments for indoors if facilities available.
<p><b>General state of the playing area</b></p> <p>Uneven ground, holes in the ground, foreign objects on the ground.</p>	<p>Coaches / referees check the playing area before every session / game / tournament.</p> <p>Coaches / referees continuously check the playing area.</p>	Medium / High	
<p><b>Athletic Equipment</b></p> <p>Standard of Equipment.</p> <p>Damaged Equipment.</p>	<p>Coaches / referees ensure all equipment is up to the appropriate standards for the appropriate age group using UKA guidelines.</p> <p>Ensure any damaged or faulty equipment is taken out of use until they can be repaired or thrown away.</p>	Low	
<p><b>Projectiles</b></p> <p>Javelins, Discuses, Shot Puts, Balls, etc.</p>	Coaches / referees ensure all participants are aware of safe throwing techniques. Make sure the throwing area is clear before throwing. Make sure everyone has thrown before collecting equipment. Nobody collects equipment until instructed to do so.	Medium/High	
<p><b>Footwear</b></p> <p>Inappropriate footwear for conditions (danger of slipping / risk of injury) sharp studs.</p>	Coaches / referees ensure all participants footwear are checked before every session / game / tournament for appropriate sports footwear before session / game / tournament begins.	Low	Coaches / schools / clubs are responsible for making sure all their students / players have appropriate footwear for the surface they are playing on.
<b>Jewellery</b>	Coaches / referees ensure all jewellery is removed or taped up before every session / game / tournament.	Low	Each student / player to be responsible for removing their own jewellery before every session / game / tournament.
<p><b>Conduct of Players</b></p> <p>Dangerous play / physical violence.</p>	Every session / game / tournament will be played to UKA rules and the coaches / referees will caution or send out any students / players in breach of these rules.	Medium	Coaches / referees to ensure sessions / games / tournaments are played along to the rules and regulations outlined by the school / organizers.
<p><b>Physical injuries from normal activity</b></p>	<p>Coaches to ensure all students / players warm up and cool down properly before every session / game / tournament.</p> <p>Every coach / referee has access to their own adequately stocked first aid kit.</p> <p>Students / players with injuries or medical complaints should let the coaches / referees know before every session / game / tournament.</p> <p>Coverage by ECS injury insurance.</p>	Medium	All coaches / referees have a relevant and up to date first aid qualification.
<b>Dehydration/Exhaustion</b>	Water bottles are provided by the schools / club coaches.	Medium	Players to bring their own drinks.

