PE ASSESSMENTS   Gymnastics

Student Name:		Graders Name:	
School Name:	Class Name / No:	Class Teacher/s:	School Term:

	Learning Outcomes:	Grade:
WEEK 1:	📖"I CAN perform all gymnastics shapes on different body parts."	
	📖"I CAN create and perform a sequence with three contrasting actions."	
	📖"I CAN demonstrate good posture when standing."	
	📖"I CAN watch 'shapes' and comment/improve on levels and quality."	
	Learning Outcomes:	**Grade:**
WEEK 2:	📖"I CAN perform travel moves, using different levels/directions/pathways."	
	📖"I CAN create/perform a sequence, in a pathway, with three actions."	
	📖"I CAN understand why heart rate increases while exercising."	
	📖"I CAN watch 'travels' and comment/improve on directions and quality."	
	Learning Outcomes:	**Grade:**
WEEK 3:	📖"I CAN balance on patches/, using symmetry/asymmetry in pairs."	
	📖"I CAN create/perform a sequence, using four contrasting actions."	
	📖"I CAN explain why body temperature rises when performing balances."	
	📖"I CAN explain why balancing on all fours is more stable than one part."	
	Learning Outcomes:	**Grade:**
WEEK 4:	📖"I CAN tuck roll and roll to stand, and egg roll exploring shapes."	
	📖"I CAN create/perform a sequence in pairs, using 4 contrasting actions."	
	📖"I CAN explain why activities like rolling make people feel good."	
	📖"I CAN describe the similarities and differences between rolls."	
	Learning Outcomes:	**Grade:**
WEEK 5:	📖"I CAN perform and classify (5) jumping/leaping/landing techniques."	
	📖"I CAN create/perform a sequence in pairs, using 4 contrasting actions."	
	📖"I CAN demonstrate and explain safe jumping and landing techniques."	
	📖"I CAN watch/make judgements about the quality of jumps."	
	Learning Outcomes:	**Grade:**
WEEK 6:	📖"I CAN use apparatus to perform a wide range of gymnastic actions."	
	📖"I CAN create/perform a sequence on apparatus, using 4 actions."	
	📖"I CAN describe how intense a sequence on large apparatus feels."	
	📖"I CAN use correct vocabulary to name and describe what is seen."	

Grade 1: Exceptions	Working towards the expected level of attainment.	⭐
Grade 2: Expected	Working within the expected level of attainment.	⭐⭐
Grade 3: Exceeding	Working beyond the expected level of attainment.	⭐⭐⭐

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Years 3 & 4